



## Tell Someone Who Needs to Know about the Divorce Recovery Workshop

“You don’t have to go through it alone.”

Dear Guidance Counselor,

Richmond’s First Baptist Church will be hosting the 26th annual Divorce Recovery Workshop this fall. The workshop will meet from 5:30 p.m. to 8:00 p.m. on eight consecutive Sunday evenings beginning September 25, 2016. The workshop is not religious or evangelical but focuses on recovery from the emotional issues of divorce. Anyone suffering from loss through separation, divorce, or breakup will benefit from participation. Participants will discover opportunities for hope and healing, rebuilding their lives, building new community and developing new and meaningful friendships. In addition to the program for adults, special programs for children and teens, as well as, childcare for younger children, are included. The workshop has grown to an average attendance of over 120 participants with sixty compassionate and dedicated volunteers. Talks featuring guest speakers including Dr. Dan Bagby, Dr. Roberta Damon, and Dr. Jim Somerville are followed by small support groups, which are guided by trained facilitators. All facilitators are divorced themselves, and have participated in the workshop. Participants are given the opportunity to attend optional activities such as planned socials, weekly Sunday morning support group, weekly Friday night *Boundaries* seminar, a weekend retreat and a Holiday support group. Following the eight-week workshop, the ministry offers opportunities throughout the year for continued personal growth and community building.

It is our hope that you will encourage anyone experiencing the pain of separation and divorce to attend this workshop. For more information, please call Ralph Starling, Associate Pastor, Ministry of Christian Invitation, at 358-5458, ext. 134 or the ministry office at 358-5458, x118. We will be pleased to supply references upon your request.

We will be pleased to provide more brochures upon your request.

Sincerely,

Ralph Starling

Associate Pastor, Ministry of Christian Invitation

[Starling@FBCRichmond.org](mailto:Starling@FBCRichmond.org) 358-5458, ext. 134

Richmond’s First Baptist Church 358-5458, ext. 118

Recovery and Transformational Ministries

2709 Monument Avenue

Richmond, Virginia 23220

[FBCRichmond.org/recovery](http://FBCRichmond.org/recovery)

**Separation? Divorce? Breakup?**  
**Tell Someone Who Needs to Know**  
about the 2016  
**DIVORCE RECOVERY WORKSHOP**

**Discovering a Future with Hope**  
**With: Friends, Education, Support**  
**Special Programs for Adults, Children, and Teens**

**When**

Sunday evenings from **5:30 - 8:00 p.m.**  
September 25 - November 13, 2016

**Where**

Richmond's First Baptist Church, 2709  
Monument Avenue, Richmond, Virginia 23220

**Who**

For anyone experiencing the loss of a  
relationship, (divorce, separation, breakup)

**Children/Teens**

Recovery programs specially designed to  
assist children and teens in dealing with  
feelings and issues unique to their experience  
of divorce and lead them in their own  
recovery process.

**Cost**

Registration is \$60, but if you pay before  
September 23; after September 25 - \$75.

**Workshop Schedule is:**

Sept. 25	Denial
October 2	Grief
October 9	Anger & Depression
Oct. 16	Guilt & Rejection
Oct. 23	Fear & Anxiety
Oct. 30	Loneliness, Friendship, Self-Worth
Nov. 6	Letting Go & Transition
Nov. 13	A Future With Hope

**For many people, divorce is a broken  
experience, and before they can go on  
with their lives, they need to be able  
to pick up the pieces.**

**Join with others as we discover**  
**A Future With Hope.**  
**You are *NOT* Alone.**

**For More Information, contact Recovery Ministry, First Baptist Church**  
**804-358-5458, ext. 118**  
**FBCRichmond.org/recovery**

Hosted by: First Baptist Church, Richmond; Ralph Starling, Minister of Christian Invitation