Henrico High School

CLASS OF 2019

School Counseling Department

Senior Self-Evaluation

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Student Email** (required): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Student Ph#** (required): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***READ AND FOLLOW INSTRUCTIONS:*** *Please complete the following self-evaluation so I can write an accurate letter of recommendation for you for college and scholarship applications. My letter can only be as good as the information you include. Brag about yourself and be honest! Only include information you are comfortable sharing with colleges and scholarship committees. Thank you for taking the time to do this and returning it to me in a timely manner. DUE BY August 1, 2018 if your counselor has told you this* ***or*** *a minimum of three weeks prior to your need for a letter of recommendation. I will accept them beginning TODAY!* ***DO NOT EXTEND THE DOCUMENT!******PROOF YOUR WORK and only send the 4 page document once (make sure there are no blank pages at the end of your document).*** *I must have this document and* ***two*** *teacher report forms by the due dates.* ***You must email it saved with your last name first!******NO ABBREVIATIONS PLEASE!!!! If you do not follow ALL of the directions- that will be shared with you to figure out how to fix it. Follow the directions the first time please!***

1. List the top 6 adjectives that describe you. Ask friends/family if you need a little help.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. What are your plans after high school? Write a “1” by your 1st choice, “2” by 2nd choice and so on…

College: 2-year \_\_\_\_\_\_\_\_ Work: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

 4-year \_\_\_\_\_\_\_\_ Military: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ (what branch)

 Technical School: \_\_\_\_\_\_\_\_ Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. List the colleges to which you will apply, in order of preference of admission (Indicate if

you have visited the campus beside the college):

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Today…What is your college major? What do you want to be when you grow up?

Major(s )in College Career Choices

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Are you a first generation college student (you or an older sibling are the first in your family to attend college)?
2. What is your proudest accomplishment(s)?
3. Describe your greatest strength(s) (academic/personal/etc).
4. Describe at least one weakness or area of improvement (academic/personal/etc).
5. In thinking about social responsibility and not just individual goals and accomplishments, what will you contribute to your college campus?
6. Describe any internship or summer experiences. How did you grow as a student or person?

1. What circumstances, if any, have interfered with your academic performance? Or describe an obstacle you have faced and how it has affected you or how you have overcome it?
2. Write anything else you would like for your counselor to know about you that would assist in writing your recommendation or that you would like to have highlighted in your letter, then completely and accurately fill out the Student Activity Record attached.

\*Do you anticipate using the Common Application? **Yes No**

\*\*A minimum of 2 Teacher Evaluation Forms should be turned in by June 2018. **Yes No**

**STUDENT ACTIVITY RECORD**

**Full NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

***PLEASE TYPE or PRINT CLEARLY- Do not put years, use grade levels per the highlighted areas. No abbreviations.***

|  |  |  |  |
| --- | --- | --- | --- |
| **Activity Name****(no abbreviations please)** | **Grade/s****(9,10,11,12)** | **Responsibilities****(Write legibly and be specific.)** | **Achievements/Leadership****(Indicate grade level ie. 9,10, 11, 12 when achievement/leadership occurred,)** |
| **School Clubs or Organizations**1. |  |  |  |
| 2. |  |  |  |
| **Athletics**1. |  |  |  |
| 2. |  |  |  |
| 3. |  |  |  |
| **Leadership**1. |  |  |  |
| 2. |  |  |  |
| **Community Service (Volunteer Involvement)**1. |  |  |  |
| 2. |  |  |  |
| **Religious Activities/Involvement**1. |  |  |  |
| 2. |  |  |  |
| **Activity Name****(no abbreviations please)** | **Grade/s****(9,10,11,12)** | **Responsibilities****(Write legibly and be specific.)** | **Achievements/Leadership****(Indicate grade level ie. 9,10, 11, 12 when achievement/leadership occurred,)** |
| **Work Experience**1. |  |  |  |
| 2. |  |  |  |
| 3. |  |  |  |
| **Additional** **Honors/Awards**1. |  | **Type of Award** | **Awarding Organization** |
| 2. |  |  |  |
| 3. |  |  |  |
| **Hobbies/Interests in Leisure Time**1. |  | **Description** |  |
| 2. |  |  |  |
| 3. |  |  |  |

Clearly add anything that would not fit above in the space below.